You are invited to the 2005 Child Welfare Institute and Indian Child Welfare (ICWA) Conference, sponsored by the Division of Child and Family Services, Monday, September 26 through Thursday, September 29, at the Provo Marriott, 101 West 100 North, Provo, Utah, 84401.

Conference at a Glance

MONDAY, SEPTEMBER 26
The Power Of The Circle: Family, Tradition, Spirituality, Culture
8:00 to 8:30am Check-in
8:30 to 9:30am Welcome, Prayer, Opening Ceremony, Honor Guard, Flag and Honor Song
9:30 to 10:30am Keynote, Abby Abinanti, Yurok Nation
10:45 to Noon Serving Utah's Native American Families, How Are We Doing? Richard Anderson, Director and Savania Tsosie, ICWA Program Manager
Noon to 1:15pm Lunch and Retire the Flags
1:30 to 3:00pm Workshops
3:10 to 4:40pm Workshops, repeat

TUESDAY, SEPTEMBER 27
8:00 to 8:30am Check-in and Continental Breakfast
8:30 to 9:15am Welcome and Keynote, Kevin Campbell
9:30am to 4:00pm Full Day Workshops
Noon to 1:00pm Lunch

WEDNESDAY, SEPTEMBER 28
8:00 to 8:30am Check-in and Continental Breakfast
8:30am to Noon Welcome, Director’s Morning, Awards Ceremony
8:30am to Noon Foster, Kin and Adoptive Family Workshops
11:45am to 1:00 Lunch
1:00 to 4:00pm Half Day Workshops
6:00 to 9:00pm Foster Parent Recognition Dinner

THURSDAY, SEPTEMBER 29
8:00 to 8:30am Check-in and Continental Breakfast
8:30 to 9:15am Welcome and Keynote, Richard Paul Evans
9:30am to 4:00pm Full Day Workshops
12:00 to 1:00pm Lunch

MONDAY BOOK STORE AND BOOTHS
8:00am to 6:00pm
The Native American Trading Post
Indian Walk-In Center
Rain Dancer Youth Services

MONDAY MORNING KEYNOTE: ABBY ABINANTI
9:30 to 10:30am
“Strategies for Implementing the Indian Child Welfare Act”
Abby Abinanti was appointed a Superior Court Commissioner for the City and County of San Francisco in 1994 and was assigned to the Family Law Division, including Dependency, Delinquency and Family Law. She graduated from the University of New Mexico School of Law in 1973.

MONDAY WORKSHOPS
1:30 to 2:45pm and repeat 3:00 to 4:15pm
I Am Not The Indian You Were Expecting
This workshop will focus on the hidden agenda in our schools and society in general that perpetuates the systemic discrimination and exploitation of human beings on the basis of their ethnicity.
Presenter: Janice Jones-Schroeder

Children of the Holy Ones
Exploring traditional Navajo philosophy in raising children. Are the teachings of Native Elders relevant today?
Presenter: Eileen Quintana

American Indian Strengthening Families Program
The American Indian Strengthening Families Program (AI/SFP) is an evidence-based, culturally-tailored family skills training program that is effective in improving parenting skills, children’s behaviors and family resilience. Originally developed in 1982 on a NIDA grant as a 14-session drug prevention program for children of substance abusers, SFP has been independently replicated by many tribes and found effective in reducing child maltreatment and improving family reunification. Age-adaptations exist for parents of preschoolers, elementary school children, junior high students and high risk teenagers.
Presenter: Ceceilia Tso
Tuesday Morning Keynote: Kevin Campbell
8:30 to 9:15am
“Supporting the Voices of Fathers in Child Welfare Practice”
Kevin Campbell is EMQ Children and Family Services Vice President of Strategic Planning and Service Innovation. He has served children, families and older adults as a human service administrator and director for the past 20 years. Most recently Kevin has been a director with Catholic Community Services of Western Washington State, the creators of the original Homebuilders model, the nationally recognized FAST Teams and Family Finding practice. He is a Technical Assistance provider for the National Resource Center for Family Centered Practice and Permanency Planning at the Hunter College of Social Work in New York, New York, a program of the Children's Bureau ACF/DHHS. The NRC provides assistance to states, territories and tribes to improve child welfare practices. Kevin is also a Technical Assistance provider for the California Permanency for Youth Project working with four counties in California to strengthen permanency-planning practice for young people. He has administered small family based residential homes, treatment foster care networks, Wraparound services and FAST Teams across Washington State. Kevin is a widely known lecturer for Child Welfare Agencies, Children’s Mental Health Organizations, Universities and National Conferences.

Tuesday Full Day Workshops
9:30am to 4:00pm
TU1: Self Care
Live Your Own Sitcom: Humor is a potent tool for wellness and stress reduction. De-stress your office by learning to recognize the humor in everyday life. Tripping the Light Fantastic: Designed to help parents and workers utilize a practical set of skills to humorously de-escalate those moments of high stress or emotional outbursts. Often, in this work we do with hurt children, we ourselves become "hurt" (vicariously traumatized) and it begins to overflow into our personal lives. Leaving the job at work is great, if you can do it. However, most of us have become "experts" at feeling so much pain that our lives (mind & body) are deeply affected. This workshop is designed to help awareness, understanding, re-distribution and flight! Thus experiencing a fantastic awakening for each of our private journeys. The Color Code: A New Way to See Yourself, Your Relationships, and Life: The key to unlocking the mystery of your personality is finding out what motivates you. With the Color Code, you’ll gain incredible insights into who you are and the relationships you have. Come get a better understanding of why you do what you do and how that information can be useful in improving your relationships with others.
Presenters: Maria Dixon; Mick Woolsey, LCSW; and Brian Young

TU2am and TU2pm: Emergency Preparedness (Half-Day workshop repeats in the afternoon)
This half-day course meets the foster parent licensing requirements for emergency preparedness training.
Presenter: Myra Phillips, PhD

TU3: In the Best Interest of the Child: Using Attachment Theory to Inform Permanent Placement Decisions for Children in Foster Care
Utilizing case presentations and video, participants will become familiar with critical attachment concepts that pertain to their work with parents and children. Participants will gain an understanding about how to accurately assess children’s attachment to caregivers and how to utilize that information to inform placement decisions. Unfortunately, misperceptions about attachment and “bonding” tend to be quite common and this workshop will attempt to clarify some of the more common misperceptions about the area of attachment. Participants will be able to use the information from the workshop to feel more informed about how to utilize their own observations, as well as the information provided by clinicians, to make informed decisions about children’s permanent placement decisions.
Presenter: Douglas Goldsmith, PhD

TU4: Adopt Care: Many Faces of Adoption Issues
Trauma issues have an effect on youth who live with foster then adoptive families. This workshop will address some of the theory and research that have studied how trauma and adoption issues affect an adopted youth and their family. The interactive workshop will use examples of how youth from traumatic backgrounds exhibit adoption issues and cultivate discussion regarding some useful ways to help families address such issues.
Presenter: Marty Shannon, LCSW

TU5: How Caseworkers can Advocate for Families
This session will discuss how caseworkers can advocate for and with families for better outcomes. Explore how understanding a family’s culture can be key when working with families. We will share evidence based practices and data gathered to support the findings for previous projects, and talk about the National Trends in Child Welfare in working with families. Also learn about various advocacy organizations for families statewide, the benefits of teaming with advocates and overcoming perceived barriers and conflicts in working with advocates.
Presenters: Tracy Johnson, Michelle Benward, and Niki Wolfe, SSW
TU6: Reducing Risk, Increasing Protection in Youth, Families, and Schools
What do we really know about reducing or eliminating substance abuse, teen pregnancy, school drop-out and violence in the home, school, and community? The presenter will share cutting edge research as well as examples from his 17 years of working with youth that participants can immediately use and to guide their efforts of making our work a better place for our kids.
Presenter: Craig PoVey, LCSW

TU7: Working Cooperatively with Medical Professionals/Understanding Issues and Risks for Substance Exposed Newborns
This workshop will focus on a number of aspects involved in working with prenatally exposed newborns and their parents, including: indicators of possible maternal substance abuse, testing options for Mom and baby (urine, meconium, breast milk), the assessment of substance abuse, neonatal abstinence syndrome, treatment options for NAS, street versus prescription drugs, long term consequences of prenatal exposure to substances of abuse, and parenting by substance-abusing individuals.
Presenters: Lori D. Frasier, MD, Karen Hansen, MD, and Carol Mahan Kahn, LCSW

TU8: Identifying Incidents and Effects of Domestic Violence on Children: “Oh dear, I've been assigned a DV case…HELP!”
This workshop will focus on how domestic violence affects the psychological and social development of children. How to assess for DV and engage children and parents in the questioning process will be discussed as well as determining risk and type of DV. What families experiencing DV report as being helpful to their change process will be presented. Workshop will use media, discussion, case examples, and lecture to facilitate learning.
Presenter: Laurel Carter, MS, LMFT

TU9: The Father I Hope to Be...Location and Engagement of Fathers and Relatives in Permanency Planning
The role of a father in the life of a child is profoundly impactful throughout their lifespan. The young person's, and soon the adult's very introduction to others throughout life will include a simple, yet powerful statement, my father was a part of my life or he was not. I knew my father or I never knew my father. Many children and young people living in substitute care are growing up without their father’s involvement and too often not knowing him at all. New powerful data base searches and engagement strategies are being used by public and private agency social workers which are changing the life story for thousands of children living in foster care. The session will demonstrate these search tools and provide participants with the engagement tools and strategies to involve fathers and other relatives in the lives of our most precious resource, our children. Session participants will learn how to use public data base searches, engagement and planning practices to involve fathers and other relatives in decision making with social workers and others planning for the safety, well-being and permanency of America's children in foster care.
Presenter: Kevin Campbell
confident about their ability to reunify with their children or to continue to care for them. This program can be used before children are returned to their parents or after the children have returned home.

Presenters: Pippa Keene and Anne Schmidt

W2: Fatherhood Involvement Program–Why do fathers struggle attaching to their baby?
The workshop presenter will discuss greatest fears and concerns of fatherhood and explore the perception of fatherhood. He will discuss how the program gives men confidence so they feel comfortable in caring for an infant child. The workshop will also include the latest research on crying and discuss helpful tips on how to deal with the stress of inconsolable crying and how crying can lead to shaken baby syndrome.

Presenter: Steven Franks

W3: Everyone CAN Have a Part to Play – SOAR Into Action
Children are exposed to risks that can keep them from reaching their potential. Everyone can have a part to play in buffering youth from these risks that lead to child abuse or other unhealthy behaviors. As part of the SOAR Into Action presentation, the presenters will share how to engage individuals and your community to help protect youth from risk.

Presenters: Elaine R. Williams, MA, Pamela Clark, Sharon Anderson, and Joy O’Bannion

W4: Ansell-Casey Life Skills Assessment Training
This training will assist youth workers with how to use the free resources available at www.caseylifeskills.org. Participants will learn how to log on to the web site, complete the assessment, and interpret the Individual Report. The development of learning goals and/or life skills training sessions has never been so easy!

Presenter: Misty Codrey

W5: Transitions of Children from the Ogden Christmas Box House to Kinship and Foster Care Placements – The Basis, Vision, and Realities of Transitions from Shelter Care
This session will examine the need for smoother transitions for children leaving shelter care when they cannot return home. This need prompted the inception of the transitional therapy program at the Ogden Christmas Box House. Presenters will discuss the benefits to both the children and the placement when time is spent letting both parties get to know each other prior to placement. Case examples from the start of the program, the evolution of the program, and realities and struggles involved in the transitional process will be presented. Presenters will also share their goals and dreams for the future to increase the effectiveness of the program.

Presenters: Katie Castle and Matthew Morris

W6: A Whole New World: Serving Utah’s Refugee Population
This is a wonderful opportunity to gain an understanding of Utah's refugee population. What countries do refugees come from? Why are they here? What are the unique challenges they face as they enter a new culture, and for some—a whole new world? Many refugees struggle with the challenge of learning new laws and expectations around parenting, family violence, and safety. Most face the challenge of establishing employment, residence, and self-sufficiency in a foreign land. Come learn about new and effective ways to engage, assess, service plan, and intervene with this population. Hear first-hand experiences to better understand some of the strengths and needs of this community. Learn about PTSD among this population. Share in a discussion around effective collaboration with community partners who serve refugees.

Presenters: Norman Nakamura, Lina Smith, and Elissa McConkie

W7: Helping Youth in Foster Care Understand Their Past
Whether children are adopted as infants or older youngsters, there will be multiple periods in their lives when they will deal with separating from their first family. For an older adopted child, a keener awareness of losses is apparent. A supportive approach in walking a child through those periods of questions and confusion is imperative.

Presenter: Marty Shannon, LCSW

W8: Serving Pacific Islander Families
Participants will learn the definitions, geography, and cultures of 7 different categories of Pacific Islanders while debunking the stereotypes about Pacific Islanders. Hear about past, current, and future projections for economic development of Pacific Islanders in Utah. Learn helpful approaches for working with Pacific Islanders including: communication patterns, the power of religion and family, the concept of compassion and self, handling mistakes, criticism.

Presenters: Fotu Katoa and Lani Taholo

W9: Giving a Voice to the Future: Supporting Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Youth in Foster Care
LGBTQ youth make up an increasingly vulnerable part of the foster care population in Utah and have become invisible to mainstream society. This training will discuss how child welfare professionals and colleagues can work to engage, team, assess, plan, and intervene on behalf of this minority population. Local resources will be given and strategies developed in order to allow professionals and community partners to give a voice to these youth.

Presenter: Melissa Larsen, CSW

Wednesday Foster Parent Appreciation Dinner
6:00 to 9:00pm

“Resource Parents Provide Strong Voices Supporting Utah’s Children”

Resource Families are invited to an evening of dinner and entertainment in appreciation for your strong voices.

Choose an entrée selection below
☐ Turkey Dinner with all the trimmings
☐ Asian Pork Loin in a Ginger Teriyaki Sauce
☐ Vegetarian Dinner

Please RSVP by phone to Val Lowery (801) 538-4100 by September 15, 2005.
THURSDAY KEYNOTE: RICHARD PAUL EVANS
8:30 to 9:15am
Finding Your Voice and “Driving the Miracle”

When Richard Paul Evans wrote the #1 best-seller, *The Christmas Box*, he never intended to become an internationally known author.

Officially, he was an advertising executive, an award-winning animator, candidate for state legislature and most importantly, husband and father. *The Christmas Box* was written as a timeless expression of love for his (then) two daughters. In 1993, Evans reproduced 20 copies of the final story and gave them to his closest relatives and friends as Christmas presents. In the months following, those 20 copies were passed around hundreds of times, and soon word spread so widely that bookstores began calling his home with orders for it. Since then, more than eight million copies of *The Christmas Box* have been printed and Evans has authored nine consecutive New York Times bestsellers.

In 1997, Evans founded The Christmas Box House International, an organization devoted to building shelters and providing services for abused and neglected children. Such shelters are operational in Moab, Vernal, Ogden and Salt Lake City, Utah and Lucre, Peru. To date, more than 13,000 children have been housed in Christmas Box House facilities.

An acclaimed speaker, Evans has shared the podium with President George W. Bush, President George and Barbara Bush, former British Prime Minister John Major, Ron Howard, Deepak Chopra, and Bob Hope. Evans has been featured on *The Today Show*, *CNN with Paula Zahn* and *Entertainment Tonight*. Evans lives in Salt Lake City, Utah with his wife, Keri, and their five children.

THURSDAY FULL DAY WORKSHOPS
9:30am to 4:00pm

TH1: Cultural Competency with Latinos: Promoting self-sufficiency by breaking cultural barriers
Persons with Latin American heritage make up the largest minority in Utah, over 224,000 strong. But, few social service agencies, health care providers or government agencies have bilingual, biculturally competent staff to offer complete and effective service to Latino clients. Utah's Latino families often face the challenges of economic stress and cultural isolation, which can place families at risk. These challenges most often include lack of access to health and basic needs resources, high rates of unemployment and low levels of educational attainment. However, Latino families often cannot take advantage of community medical and humanitarian services due to cultural and linguistic barriers. Our challenge as service providers is to increase our understanding of the cultures that are expressed within the Latino groups we serve. This means understanding behaviors and languages in ways which lead us to provide appropriate assessments, interventions and monitoring of outcomes. Cultural Competency in practice can prepare your agency for the growing number of Latino clients it serves.

Presenter: Angela Fanjul

TH2: These Three Things: Addressing Permanency Planning for Children
A series of three mini workshops will include lecture followed by the use of case scenario exercises within the group.

1) Understanding Role and Rule as Essential to Improved Outcomes for Children and Families. This workshop reviews the evolution of the law and the roles of the various disciplines in developing the state response to child maltreatment. How the natural tensions of judicial oversight and agency service planning can be used as a positive force to achieve safe and permanent homes.

2) Concurrent Planning - a tool for dual track due process. This workshop provides an overview of the legal and service implications of concurrent planning for children coming in to care. The focus is on the expectations of creating a fair dual track not just a fast track response.

3) Advocating for adolescents - “Make no decision about us, without us”. This workshop addresses the permanency options for adolescents in care and reviews successful strategies for achieving permanent families. The “Best Practices” review includes a discussion of engaging the youth in the decision process as well as addressing the educational and medical needs of children in care.

Presenter: Judge Richard FitzGerald

TH3: Youth Development: The Vital Link
By the end of this workshop, participants will become acquainted with the youth development philosophy, be able to apply a youth development philosophy to their programs and identify ways to implement youth development activities.

Presenter: Misty Codrey
TH4: Teaming and Partnering with Incarcerated Parents, the Department of Corrections and Adult Probation and Parole

This workshop will cover State Prison 101 – Overview of the facilities including: names; types; institution programs, services, education, and trainings; and contact names and phone numbers. You will also learn the answers to your frequently asked questions.

Discover how to facilitate Engaging, Teaming and Partnership with Incarcerated Parents, including: arranging contact with the DCFS caseworker, arranging safe visits between children in DCFS custody and incarcerated parents, and special considerations. Also learn how to facilitate Engaging, Teaming and Partnering with Parents under Supervision of AP & P, including: arranging contact and teaming with the DCFS caseworker and AP & P officer, arranging safe visits between children in DCFS custody and their parents, special considerations, and case information sharing and planning.

Presenters: Dale Schipaanboord, Lee Liston, Jerry Pope, and William Fowlke

TH5: Evidence-Based Practice for Treating Abused Children/Mental Illness in the Family – Everything you ever wanted to know but were afraid to ask!

In the past five years, a significant body of empirical research has emerged supporting the efficacy of certain treatment protocols with abused children and their families. Despite the emerging evidence regarding effective treatments, there is a strong perception by many leaders in the field that use of this evidence in a reliable way is still rare in the child abuse field. In an effort to systematically identify evidence-based practices for trauma treatment, the Kaufman Report (2004) found that three intervention protocols emerged as clear, consensus choices as "Best Practices" in the field of child abuse treatment: 1. Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) 2. Abuse Focused-Cognitive Behavioral Therapy (AF-CBT) and 3. Parent Child Interaction Therapy (PCIT). Despite the demonstrated efficacy of these interventions, there is little evidence that they have rapidly spread across the nation and are being widely offered to abused children and their families. This presentation will focus on these three intervention protocols and will review important elements of each of the three treatment models.

1 in 5 adults suffer from a diagnosable mental disorder in a given year. It is so prevalent but so hard to understand or talk about. So let's talk! This presentation will go over signs and symptoms, what is happening in the brain, and the lived experience of those who suffer and of their family members. Understanding breaks the walls of stigma and fosters hope.

Presenters: Quincey Atkin, PhD; Amy Oxman, LCSW; Marsha Hardman-Lundell, LCSW, and Chandra Fenwick

TH6: Coping Skills Employed by Traumatized Children

The session will explore coping behaviors commonly exhibited by children who have experienced trauma. We will also examine the interplay between temperament, attachment, emotional regulation and coping. Participants will experience both large and small group activities and will gain hands-on experience with assessing coping-related behaviors.

Presenter: Kevin Fenstermacher, PhD

TH7: Assessing Safety and Developing Safety Agreements with Families

This is an all-day workshop on assessing safety and developing safety agreements with families with particular emphasis on safety at initial contact and initial assessment. This workshop is particularly relevant for staff who provide front-end assessment and their supervisors. We will pay particular attention to issues of safety vs. risk, assessing present and impending danger, safety decision-making and the development of immediate protective plans. We will also look at engaging families to develop working Safety Agreements with them.

Presenter: Emily Hutchinson

TH8: Many Faces of Trauma: Diagnosis and Treatment of Psychological Trauma

Trauma comes in many forms in our lives, from high impact stress, to the accumulation of traumas ranging from childhood to adulthood. Trauma manifests itself in various ways including PTSD and a continuum of Dissociative Disorders. How to diagnose and treat the spectrum to trauma related disorders is the main focus of this seminar.

Presenter: Larry Beall, PhD

TH9: Positive Discipline

See session F1

Presenter: Les Harris
TWO WAYS TO REGISTER!

ON THE WEB:
Go to www.dcfs.utah.gov and click on the link for online registration for Child Welfare Institute 2005, complete the form and submit.

BY U.S. MAIL OR FAX:
Complete the attached form and mail/hand-carry to:
CWI Registration
Division of Child and Family Services
C/O Valerie Lowery
120 North 200 West, #225
Salt Lake City, Utah 84103
Or fax to: (801) 538-3993 attn: Valerie Lowery

Registrations must be received by Sunday, September 11. Please do not email or phone in your registration. A confirmation will be sent to you via email (if you do not have email, confirmation will be sent via U.S.P.S.).

CEUs (continuing education units) may be available for some of the workshops. Inquire at the check-in desk at the conference.

Free Parking: The Parking Garage at the Provo Marriott is on the east side of the building. Collect a token from the front desk, prior to exiting the building, or if you are a registered guest, use your room key to exit.

Lodging: Please make your own reservations. Rooms are available at the Provo Marriott, 801-377-4700 or Toll Free, 800-777-7144. Cut-off date is Sept. 9.

DCFS Employee Travel Reimbursement: Please submit your expenses to your region supervisor after the conference.

Foster Parent Recognition Dinner: If you are planning to attend the dinner, please RSVP to Valerie Lowery at (801) 538-4100 by September 15, 2005. Be ready to request your entrée selection(s).

If registering by mail, you may make copies of this form and mail in groups, if needed.
“Finding Your Voice… Supporting Other Voices”

Please join us for the 2005 Child Welfare Institute & Indian Child Welfare Conference

Division of Child and Family Services
120 North 200 West, #102
Salt Lake City, Utah 84103